



Welcome into the West of the Inka Medicine Wheel
In the beautiful Swiss Alps, Chemin-Deuss Martigny.
17th - 20th July 2025

We continue in the healing wisdom of the Medicine Wheel into the West and Jaguar medicine. While the serpent calls us to shed the old stories, Jaguar is about living fearlessly with power and balance in the middle world, Kaypacha.

The West is about transforming and reshaping our whole approach to life. Jaguar medicine helps us to release all the places where we are stuck in lifelessness, drama or fear-driven patterns and behaviors. This work sets in motion an energy of letting go that will follow us around the Medicine Wheel as far as we choose to go it. From the West onwards, we can stop or linger on the path to enlightenment within ourselves, but we cannot return to the unconscious way of life. This is the place where we truly engage our consciousness in the pursuit of balance and well-being.

Direction West is the color black. You are doing your inner shadow work to release energy, healing your relationship with your ancestors and karmic structures that still affect your life today. You'll learn to shift engagement with yourself and what you experience by training your mythic eyes in what we call "tracking"-seeing beyond story and emotion to what is possible. Through wisdom teachings, meditations, and practical processes, the West class focuses on being in balance with life. You learn that true power comes from within and is visible in all your actions, in your presence, in the way you live in the world.

The archetype of the West is Jaguar. Like her, you learn to act with a high level of integrity, without the need for enemies anywhere, living and leading yourself with Munay, the power of love and compassion. The initiation in the West is Pampa Mesa Yok - the Medicine Woman/Man who works with Mother Earth's healing power and nature's cycles of wisdom.

Welcome to the West – the gateway to personal power.

Here begins (or continues) your journey toward deeper truth and embodied wisdom.

Logistics and registration information

West class in the Inka Medicine Wheel 17-20 July, 2025

Times On the first day, we start at 5 p.m. and on the last day, we end at 4 p.m.

Course fee CHF 730 + kost och ditt val av logi på Hôtel Beau-Site.

Note: The course fee can also be paid in € with the same amount.

The course fee includes In-depth material to practice based on each direction of the Medicine Wheel that strengthens the relationship with mysticism and your knowledge of Shamanic Energy Medicine. You also receive written material on processes and ceremonies so you can continue your personal journey of healing and spiritual growth.

Book your place by paying the course fee of CHF 730 by bank transfer to

IBAN nr SE 598 0000 8327 9 994 408 3865

BIC: SWEDSESS

Bank adress Swedbank AB Box 70274 107 22 Stockholm, SWEDEN

Personal adress Aiyana Mantel Lillskogsvändan 12, 139 54 VÄRMDÖ SWEDEN.

Please include your name and course in the payment info.

Location Beautiful Hôtel Beau-Site à Chemin, Martigny. Switzerland.

<https://www.chemin.ch/>

Prices for 3 nights full board with 100% plant-based and made with organic, seasonal, and as local products as possible.

CHF 377.- per person in a 3 or 4-bed multiple room.

CHF 443.- per person in a DB room.

CHF 549.- per person in a single room.

Full board includes overnight stay, brunch, dinner, tea/coffee buffet and unlimited fruit during the day. Rooms are payed cash upon arrival.

For bookings of rooms and French speaking please contact Marlene Galletti, assistant and translator for the classes in Switzerland.

marlene.galletti@bluewin.ch +41 79 771 41 03

For booking and questions on the Shaman training please send an e-mail to aiyana@shamanhealer.org or call +46 733 39 23 19.

To bring with you to the West class

- 1, Choose 3 stones for your West mesa. One yellow, one red and one black, symbolizing the rainbow bridge between the worlds of spirit and matter. This is the only direction where colors matter.
- 2, If you don't already have a mesa, I recommend that you choose a colorful fabric (symbolizing the rainbow) to hold your medicine stones. You can buy hand-woven fabrics from Peru in class, which are traditionally used in the Andes and holds the cosmology of the Incas. I'll tell you more about the meaning of the colors and symbols on these beautiful fabrics when we meet!
- 3, A drum or rattle if you have one.
- 4, Comfortable clothes, as some of our work is done indoors on the floor.
- 5, You'll also need a notebook for your notes and personal reflections during the course. This is a wonderful way of gathering the teachings and wisdom of your shamanic training into a personal book - a place where you can return to learn and heal.

Join us for a transformational weekend that opens new insights into who you are and the vibrant field of energy medicine that gives life its rhythm and flow.



We Welcome You!

With Love

Aiyana & Marlene