



The Inka Medicine Mentorship - Illuminates Life!

The Inka Medicine Wheel Mentorship is a personal shaman training in the wisdom teachings of the Andes. It is a magical healing journey around the four directions where you weave together the spiritual and the physical dimension of your world from a holistic perspective with everything in life. It is about spiritual awareness, healing, tracking = to see beyond illusions, to get in touch with the soul's dream, to become a visionary... To name a few of the gifts of the Inka Medicine Wheel.

Welcome to heal your life, grow spiritually, and become a person who actively dreams the world into being, through ancient wisdom teachings and shamanic healing ceremonies with me as a mentor.

Each direction contains 6 sessions a´2 hours, where we meet in person in Stockholm or on Zoom. Before each session you have preparation material and between our meetings, integration practices to keep momentum of healing shifts in your life.

Through the healing ceremonies in the training, you build your altar of medicine stones, a mesa. This becomes your power source, a place of the sacred of symbols for your healing journey and dreams of life.

The training also includes shamanic initiations as an important energetic medicine that assists healing and spiritual development. They are gifted in each direction to raise frequency in the energy body. When receiving initiations, the healing journey accelerates, support spiritual growth, and give renewed energy to move forward with a new sense of soul-nourishment, power and light.

Why a Shaman training?

A shaman is a person who lives with one foot in each world, physical-spiritual or worlds of energy and matter. The shaman has knowledge of how to communicate with energy, or life force, to create healing and visions into physical manifestation. It is this valuable life skill you learn and personally develop through the Medicine Wheel.

Below you find presentations of each direction with logistics and booking info. Read and be inspired by this extraordinary journey of healing and vision!



Words from your Mentor

I have a great dream and a soul mission to contribute to a more conscious and peaceful world, a world where our spiritual and physical dimension go hand in hand and in balance with the wisdom of nature.

That's why I work with spiritual development and education in shamanic energy medicine that I know makes an amazing difference personally and globally.

Shamans from countries around the world have different ceremonies to express the sacred. What they do have in common, is the big love for our beautiful planet Mother Earth and all living beings. As we heal ourselves, we also understand more clearly our purpose here on Earth.

For me, the Medicine Wheel was a profoundly transformative force that changed my entire life to living my Destiny. The shamanic life path is still, after 20 years, my guide of inspiration and magic in my everyday life. It is the most beautiful gift I have given my life, to heal my soul and develop the power of love for myself and all my relationships.

Does it feel exciting and the adventure your soul is calling you to grow with?
Learning how to live and create from a sacred dimension of life?

Welcome to book a meeting with me over Zoom so that we can talk more and see we are a good match for this amazing shaman training around the Inka Medicine Wheel!

Please send a message to aiyana@shamanhealer.org or call +46 733-392319

South direction - The Healer.

What story are you living?

In this first step you learn the foundational principles in Shamanic Energy Medicine. We look at what story you are living and how you construct your life based on past experiences. This work process includes the whole container of how you hold yourself in the physical world. This brings awareness to what need to be shifted in the energetic to transform how you create reality.

The South direction is about the archetype of the power animal Serpent. You learn to shed the past like she sheds her own skin by leaving the old stories behind that no longer serve your growth. You dive deep into your personal healing, learning that life is movement, renewal, and rejuvenation. In this process you start to create your own altar of Medicine stones which becomes your sacred space of dreams and visions.

South class includes four Andean initiations to strengthen your energy with the elements of nature, open your intuitive vision, get into an energetically close relationship with the shaman's archetypes, and through ceremony create your altar of healing stones.

West direction - The Spiritual Warrior.

Walking in balance on the power path.

This direction is about doing your shadow work, letting go and change your relationship to how you hold life and death in energy. Here you work and heal your basic ancestral and karmic structures that holds you in the past or in disempowerment. You learn how to shift engagement with yourself and the world by shifting your perception of what you see and experience, which is a powerful shaman tool for positive change.

Through teachings, meditations, and practical processes the West direction focuses on finding balance in all areas of life. You learn that true power is internal and radiate in all your actions, in your presence, in your way of walking in the world. The archetype of the West is Jaguar. Like her you learn how to walk with grace and a high level of integrity, with no need of enemies anywhere, living and leading with *Munay*, the power of love and compassion. The initiation in the West direction is Pampa Mesa Yok- The medicine woman/man who works with Mother Earth's healing power and nature's cycles of wisdom.

North direction – The Wisdom keeper.

Living in Yes to life!

Here you take a big step up into the mystery teachings of the Inka medicine tradition. The North is the home of the master, the sage, the wisdom keeper. This direction is about surrender to the unknown and still work it outside ego investments. Here you learn how to flow with effortless action within time with synchronicity as fuel, how to track new possibilities, shapeshift your consciousness and release limiting thought patterns that stops you from fully living your souls-dream.

The archetype of the North direction is the Hummingbird, the one who responds to a call from within, courageously saying Yes to life by embarking upon a journey beyond what she already knows. Accessing this knowledge opens your journey towards destiny!

The initiation in the North is Alto Mesa Yok- The Shaman who communicates directly with mystical wisdom outside the ordinary sense of time and space.

East direction - The Visionary

See the world into being.

In this direction you learn the powerful steps of creating your world as well as the importance of becoming aware about your projections and limiting beliefs around reality. This is the sacred work of the Visionary. You learn how to create, or dream in inka terms, your world into being, becoming conscious about the ripples this creates as it manifests in the material world.

The Archetype of the East is the Eagle/Condor that connects you to Spirit and your own clear vision. Through the teachings and ceremonies, you will naturally be drawn into a deeper alignment with your intuition, or spiritual intelligence, which will be available to serve you personally and the bigger picture of you in this time here on Earth.

The call of the Eagle/condor is to spread your own wings and envision your greatest dreams. The initiation in the East is Kurak Akullek, the medicine man/woman who draws power and information from the stars.

The Inka Medicine Wheel Mentorship

Price 37000 SEK incl. VAT. for all 4 directions including 24 sessions in a personally designed shaman training.

Price for South class 12000 SEK. Incl. VAT. With 6 sessions á 2 hours.

Note: You can sign in for the first direction with no obligations to continue around the Wheel. This is an option for you who wish to discover more of how the teachings and ceremonies can serve you on your life journey.

The course price includes In-depth material to practice based on each direction of the Medicine Wheel and its wisdom that strengthens the relationship with mysticism and your knowledge of Shamanic Energy Medicine.

Time We schedule our 2 hour meetings once or twice a week in our preparation call. If you prefer to meet once a week and move through the teachings more intense, then you have extra time to practice what you have learned until we move into the next direction.

Place We meet at [Värmdö Hälsa och Skönhet](#) or on Zoom with the possibility of having the 2 last sessions in each direction in Stockholm archipelago. This can be a total of 4 meetings with initiations and fire ceremonies with other students on the shaman's path.

Meet up in Stockholm archipelago

2024 October 20th – South. November 24th – West.

2025 March 9th – North. May 25th East.

Again, welcome to this beautiful Shaman training to empower your growth and dreams!

Aiyana

