

# Wisdom Wheel Mentorship for Mesa Carriers

Master your Medicine Wheel and Shaman walk in the world

This is in total 5 meetings with a 3hour session each time for a deep and transformative 2<sup>nd</sup> journey around the Medicine Wheel + 1 session for the mastery of living in the center.

By receiving the wisdom teachings, healing ceremonies and initiations again, you start to walk more powerfully in balance between the worlds of energy and matter in how you shape your reality. Remember Ayni, meaning being in harmonious relationship with the world around you for cosmic support and flow in your life. Imagine how that can look like!

In this mentorship, I tailor the work to fit your needs to what you wish to focus on in each direction. In-between meetings you have integration practices and preparation time for the next direction.

Here is a presentation of a foundation of each session to empower your mesa and Shaman Medicine to live more magic in your life!

**1, South - What story are you living?** South medicine stones with healing themes of your journey. What needs to be shed for your rebirth into a new identification? South teachings are working to live in Ayni, live in harmonious relationship with everything in the material world. We look at places where you feel out of balance ex money, your body, your home, job, or lack of abundance in any are of your life. The work is to shift back in Ayni. Strengthening of your South rites - Ayni Karpay, Bands of power, Kawak and Hampe rites to your mesa.

**2, West – The Spiritual Warrior.** Re-working your West mesa with ancestor work, karmic lifetime journey, death process of what no longer serves you. Teachings on power and balance in the middle world of Jaguar. Mapping fear-driven behavior, ego driven choices, how does conflict live within you? Also strengthening your Pampa Mesa Yok initiation and practice your tracking skills!

**3, North – Living in Yes to life!** Mystical engagement, knowledge and your wisdom keeper's mesa. Your soul-purpose? Changing your soul agreement in the upper world. Shapeshifting teachings. Destiny journey ahead...Empower your Alto Mesa Yok initiation. Hummingbird teachings and calling.

**4, East – The Dreamer.** Projection work, dreamer teachings, guided journeys with Condor for higher spiritual wisdom in the upper world. Time for a Shamanic Medicine Name? Strengthening your Kurak Akulley initiation with your visionary mesa.

**5, The Master.** How to live in the center of the Wheel. Bringing all directions together in your Ayni, your shamanic core, and shaman dream. Here we wrap up the journey and fill in if there are any gaps or loose ends.

**Course Fee** 23000 SEK incl. VAT with handouts of healing ceremonies and practices from each direction in the Medicine Wheel.

**Space** We meet once a month on Zoom or in Stockholm at [Värmdö Hälsa och Skönhet](#) for each 3-hour session.

**For entrepreneurs** Are you looking for a way to integrate shamanic energy medicine into your business as well? Learning strategies with mystic teachings that serve your success. Then you can add a package of 4 mentoring sessions to this Wisdom Wheel where we have a 90 min. session with focus on your business between each direction. This is a great way to strengthen your Shaman eyes of power and service to the world.

**Price for both programs** 32000 SEK incl. VAT

**For booking and questions** Please send an e-mail to [aiyana@shamanhealer.org](mailto:aiyana@shamanhealer.org) or call +46 733 392319.

Welcome to upgrade your Medicine Wheel with wisdom, healing, and power. I look forward to our time together in Sacred Space.

