



Welcome to the East of the Inka Medicine Wheel
In the beautiful Swiss Alps, Chemin-Deuss Martigny.
January 8-11th 2026

Welcome to the direction of Vision — the sacred East of the Medicine Wheel. Here you are invited to lift your gaze beyond the ordinary and remember your ability to dream your world into being.

The East teaches us that everything begins with intention. When you align your heart and vision, life starts to move in new and powerful ways. You will learn to become aware of your projections and limiting beliefs, reclaiming the freedom to create from clarity and love.

Guided by the archetype of the **Eagle/Condor**, you will soar into higher consciousness — a space where your perception sharpens and your intuition speaks clearly. Through ceremony and shamanic practice, your spirit will be uplifted and your connection to the greater web of life strengthened.

The initiation of the East is **Kurak Akullek** — the wise visionary who draws power and insight from the stars. It is a journey of awakening the light within you, expanding your vision, and walking with grace and purpose into the dream your heart came here to live.

Join us for an inspiring weekend where ceremony, wisdom, and vision weave together to awaken your heart and the dream you are here to live.

Note: Teaching in English with translation to French.

Logistics and registration information

East class in the Inka Medicine Wheel January 8-11th , 2026

Times On the first day, we start at 5 p.m. and on the last day, we end at 4 p.m.

Course fee CHF 730 + food and accommodation at Hôtel Beau-Site.

Note: The course fee can also be paid in € with the same amount.

The course fee includes In-depth material to practice based on each direction of the Medicine Wheel that strengthens the relationship with mysticism and your knowledge of Shamanic Energy Medicine. You also receive written material on processes and ceremonies so you can continue your personal journey of healing and spiritual growth.

Book your place by paying the course fee of CHF 730 by bank transfer to

IBAN nr SE 598 0000 8327 9 994 408 3865

BIC: SWEDSESS

Bank adress: Swedbank AB Box 70274 107 22 Stockholm, SWEDEN

Personal adress: Aiyana Mantel Lillskogsvändan 12, 139 54 VÄRMDÖ SWEDEN.

Please include your name and course in the payment info.

Location Beautiful Hôtel Beau-Site à Chemin, Martigny. Switzerland.

<https://www.chemin.ch/>

Prices for 3 nights full board with 100% plant-based and made with organic, seasonal, and as local products as possible.

CHF 377.- per person in a 3 or 4-bed multiple room.

CHF 443.- per person in a DB room.

CHF 549.- per person in a single room.

Full board includes overnight stay, brunch, dinner, tea/coffee buffet and unlimited fruit during the day. Rooms are payed cash upon arrival.

For bookings of rooms and French speaking please contact Marlene Galletti, assistant and translator for the classes in Switzerland.

marlene.galletti@bluewin.ch +41 79 771 41 03

For booking and questions on the Shaman training please send an e-mail to aiyana@shamanhealer.org or call +46 733 39 23 19.

To bring with you to the East class

- 1, Choose 3 stones for your visionary mesa.
- 2, A drum or rattle if you have one.
- 3, Comfortable clothes, as some of our ceremonial work is done indoors on the floor and also outdoors no matter weather.
- 4, You'll also need a notebook for your notes and personal reflections during the course. This is a wonderful way of gathering the teachings and wisdom of your shamanic training into a personal book - a place where you can return to learn and heal.

Welcome to take heart in how you fly wing wing with Spirit!

With Love

Aiyana

