



Welcome to the North of the Inka Medicine Wheel  
In the beautiful Swiss Alps, Chemin-Deuss Martigny.  
September 11-14th 2025

We now move deeper into the healing wisdom of the Medicine Wheel, entering the North and its ancient teachings.

The step from the Jaguar in the Middle World, Kaypacha, to the Hummingbird is often the most challenging, as we now enter the unknown.

In the North, the training becomes more a spiritual practice and life path — we enter embodied wisdom and mysticism, beyond intellectual understanding and knowledge.

The direction of the North invites you into shapeshifting, mastering time, and honoring life as sacred on all levels.

Here, we work with the ego and release the life force bound in roles we've carried. You will learn the art of being in right time and place, fueled by synchronicity — how to track new possibilities and shift consciousness by releasing limiting beliefs that stand in the way of your soul's dream.

The archetype of the North is the Hummingbird — the one who listens to the inner voice of the soul and courageously says Yes! to life, embarking on a journey beyond what is already known. Accessing this wisdom empowers you to lead yourself on your journey with Destiny.

The initiation of the North is the Wisdom Keeper — Alto Mesa Yok — the shaman who communicates directly with mystery and the majestic power of the mountains.

**Welcome to an exciting journey into the North for deeper knowledge of yourself and the living world of energy!**

**Note:** This class is for students already in the Inka Medicine Wheel training. Teaching in English with translation to French.

## Logistics and registration information

### North class in the Inka Medicine Wheel Sept 11-14th , 2025

**Times** On the first day, we start at 5 p.m. and on the last day, we end at 4 p.m.

**Course fee** CHF 730 + food and accommodation at Hôtel Beau-Site.

**Note:** The course fee can also be paid in € with the same amount.

**The course fee includes** In-depth material to practice based on each direction of the Medicine Wheel that strengthens the relationship with mysticism and your knowledge of Shamanic Energy Medicine. You also receive written material on processes and ceremonies so you can continue your personal journey of healing and spiritual growth.

**Book your place** by paying the course fee of CHF 730 by bank transfer to

IBAN nr SE 598 0000 8327 9 994 408 3865

BIC: SWEDSESS

**Bank adress** Swedbank AB Box 70274 107 22 Stockholm, SWEDEN

**Personal adress** Aiyana Mantel Lillskogsvändan 12, 139 54 VÄRMDÖ SWEDEN.

Please include your name and course in the payment info.

**Location** Beautiful Hôtel Beau-Site à Chemin, Martigny. Switzerland.

<https://www.chemin.ch/>

Prices for 3 nights full board with 100% plant-based and made with organic, seasonal, and as local products as possible.

CHF 377.- per person in a 3 or 4-bed multiple room.

CHF 443.- per person in a DB room.

CHF 549.- per person in a single room.

Full board includes overnight stay, brunch, dinner, tea/coffee buffet and unlimited fruit during the day. Rooms are paid cash upon arrival.

**For bookings of rooms and French speaking** please contact Marlene Galletti, assistant and translator for the classes in Switzerland.

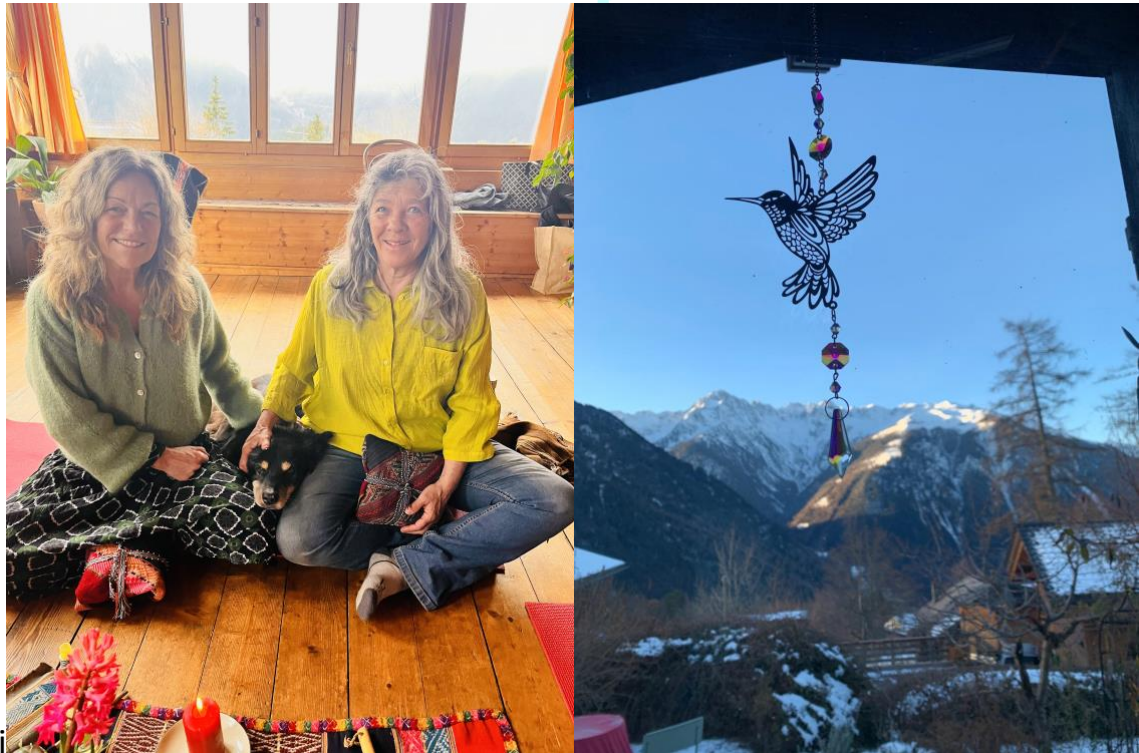
[marlene.galletti@bluewin.ch](mailto:marlene.galletti@bluewin.ch) +41 79 771 41 03

**For booking and questions on the Shaman training** please send an e-mail to [aiyana@shamanhealer.org](mailto:aiyana@shamanhealer.org) or call +46 733 39 23 19.

## To bring with you to the North class

- 1, Choose 3 beautiful stones for your North mesa.
- 2, A drum or rattle if you have one.
- 3, Comfortable clothes, as some of our ceremonial work is done indoors on the floor and also outdoors no matter weather.
- 4, You'll also need a notebook for your notes and personal reflections during the course. This is a wonderful way of gathering the teachings and wisdom of your shamanic training into a personal book - a place where you can return to learn and heal.

**May the Hummingbird guide you beyond what you know, into the mystery that awaits.**



With Love and Presence  
Aiyana & Marlene